



# MARINA MENU HELM BAR & THE COCKLE BAY YACHT CLUB



## HOW TO ORDER

To place your order, please scan the QR code.

Please note that you need to select your delivery time & berth number when ordering. Otherwise, your order will be made immediately and taken directly to the first berths.

To pre-order please email [functions@helmbar.com.au](mailto:functions@helmbar.com.au) or call (02) 9290 1571 during business hours.



## \$50 MINIMUM ORDER FOR FREE DELIVERY TO YOUR BERTH

### NON ALCOHOLIC

|                               | 6 PACK | CASE |
|-------------------------------|--------|------|
| Great Northern 0% .....       | 27     | 65   |
| Lyres G & T Can .....         | 24     | 60   |
| Lyres Amalfi Spritz Can ..... | 24     | 60   |

### SPIRITS & COCKTAILS

A variety of spirits & cocktail mixers are available. Please see full range on the QR code.

### BAGS OF ICE

We can deliver bags of ice for 7 each.

### BEERS

|                                      | 6 PACK | CASE |
|--------------------------------------|--------|------|
| Corona .....                         | 27     | 65   |
| Carlton Dry .....                    | 24     | 60   |
| Great Northern Mid Super Crisp ..... | 27     | 65   |
| 4 Pines Pale Ale .....               | 35     | 75   |
| Asahi .....                          | 27     | 65   |
| Bulmers Cider .....                  | 30     | 70   |

### SOFT DRINKS

|                                    |    |
|------------------------------------|----|
| Coca Cola Can 375ml .....          | 5  |
| Coca Cola No Sugar Can 375ml ..... | 5  |
| Sprite Can 375ml .....             | 5  |
| Bottled Still Water 350ml .....    | 5  |
| San Pellegrino 750ml .....         | 10 |

**MUST BE 18 YEARS OR OLDER.  
ID MUST BE SHOWN AT TIME OF DELIVERY.**

WE PRACTICE RESPONSIBLE SERVICE AND CONSUMPTION OF ALCOHOL AT ALL TIMES.



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### WINE LIST



#### SPARKLING

|   |     |
|---|-----|
| <b>Mortar &amp; Pestle Brut NV</b> South East Australian .....      | 51  |
| <b>Farina Prosecco</b> DOC Veneto, It .....                         | 60  |
| <b>Chandon Brut NV</b> Yarra Valley, Vic .....                      | 58  |
| <b>Chandon Brut Rosé NV</b> Yarra Valley, Vic .....                 | 58  |
| <b>Moët &amp; Chandon Brut Imperial NV</b> Épernay, Fr .....        | 99  |
| <b>Moët &amp; Chandon Brut Imperial NV</b> Magnum Épernay, Fr ..... | 210 |
| <b>Veuve Clicquot Yellow Label Brut NV</b> Reims, Fr .....          | 140 |
| <b>Veuve Clicquot Yellow Label Brut NV</b> Magnum Reims, Fr .....   | 280 |

#### WHITE

|   |    |
|---|----|
| <b>Mortar &amp; Pestle Semillon Sauvignon Blanc</b> South East Australian ..... | 51 |
| <b>Soho Sauvignon Blanc</b> Marlborough, NZ .....                               | 58 |
| <b>Pascal Jolivet Sancerre Sauvignon Blanc</b> Loire Valley, Fr .....           | 85 |
| <b>Le Pezze Pinot Grigio</b> Veneto, It .....                                   | 58 |
| <b>Emmalene Pinot Gris</b> Adelaide Hills, Vic .....                            | 60 |
| <b>Saddleback Pinot Gris</b> Central Otago, NZ .....                            | 65 |
| <b>Tarrawarra Estate Chardonnay</b> Yarra Valley, Vic .....                     | 70 |
| <b>Rocky Road McHenry Hohnen</b> Chardonnay Margaret River, WA .....            | 63 |
| <b>Joseph Faiveley Bourgogne</b> Chardonnay Burgundy, Fr .....                  | 80 |
| <b>Corduroy Riesling</b> Watervale, SA .....                                    | 61 |

#### ROSÉ

|  |    |
|--|----|
| <b>Minuty M Rosé</b> Côtes de Provence, Fr .....         | 70 |
| <b>Été d' Elodie Rosé</b> Provence, Fr .....             | 58 |
| <b>Whispering Angel Rosé</b> Côtes de Provence, Fr.....  | 80 |
| <b>West Cape Howe Pink Moscato</b> Mount Baker, WA ..... | 53 |

#### RED

|  |    |
|--|----|
| <b>Mortar &amp; Pestle Cabernet Merlot</b> South East Australian .....         | 51 |
| <b>Wangolina Shiraz Cabernet</b> Limestone Coast, SA .....                     | 58 |
| <b>Tumbalong Hills Shiraz</b> Gundagai, NSW .....                              | 53 |
| <b>Torbreck 'Woodcutters' Shiraz</b> Barossa Valley, SA .....                  | 70 |
| <b>Senesi Aretini Chianti DOCG</b> Chianti, It .....                           | 58 |
| <b>Saddleback Pinot Noir</b> Central Otago, NZ .....                           | 63 |
| <b>Gala White Label Pinot Noir</b> East Coast, Tas .....                       | 73 |
| <b>Torbreck 'The Steading' Grenache Shiraz Mataro</b> Barossa Valley, SA ..... | 85 |
| <b>Ox Hardy Grenache</b> McLaren Vale, SA .....                                | 67 |
| <b>Terrazas de los Andres Reserva Malbec</b> Mendoza, Arg .....                | 58 |
| <b>Tumbalong Hills Cabernet Sauvignon</b> Gundagai, NSW .....                  | 55 |

#### NON ALCOHOLIC WINES

|   |    |
|---|----|
| <b>Thomson &amp; Scott Noughty Sparkling Chardonnay</b> United Kingdom (organic, vegan) ..... | 63 |
| <b>1920 Pinot Grigio</b> AUS (vegan) .....  | 49 |
| <b>Two Hoots Rosé</b> South Africa (vegan) .....  | 61 |
| <b>Next Destination Shiraz</b> Barossa Valley, AUS (vegan) .....                              | 61 |



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### TO SHARE

**HUMMUS V OR TARAMASALATA 22**  
w toasted sourdough, serves 4 - 6

**ANTIPASTO PLATTER V 52**  
serves 4 - 6  
stuffed peppers, marinated artichokes, pickles,  
marinated olives, daily cheese, hummus,  
pinot paste & crisp bread  
+prosciutto (14) +spicy salami (12) +bresaola (12)

**CHEESE PLATTER V 52**  
serves 4 - 6  
three gourmet pieces of cheese, pinot paste,  
fresh honeycomb, dried fruits & crackers

**PORK BELLY SLIDERS 54**  
6 per serve, twice cooked pork belly w nahm jim,  
cucumber & kimchi mayonnaise

**HELM BUFFALO WINGS 36**  
20 wings per serve  
served w ranch dressing  
salt & szechuan pepper OR smokey hot bbq  
OR franks hot sauce

**TRUFFLE & PARMESAN ARANCINI V 50**  
20 per serve w aioli

### FROM THE SEA

|   |       |
|---|-------|
| <b>Freshly Shucked Oysters GF</b> w fresh lemon & yuzu mignonette .....   | 30/48 |
| <b>S &amp; P Calamari</b> w spicy roasted onion aioli & pickled chilli .....                                      | 21    |
| <b>Lobster Springrolls</b> 4 per serve, w sriracha aioli & lime .....   | 22    |
| <b>Bowl of Prawns</b> chilled australian tiger prawns in the shell w marie rose sauce & fresh lemon.....          | 30    |
| <b>Lobster Roll</b> butter poached W.A. lobster w tarragon on a potato roll & fries .....                         | 42    |
| <b>Beer-Battered Fish &amp; Chips</b> barramundi fillet, lemon & tartare .....                                    | 28    |
| <b>Grilled Market Fish Fillet</b> w thai basil, cashew pesto, tomato & grilled corn salsa .....                   | 36    |
| <b>Prawn &amp; Crab Pasta</b> prawns, crab meat, garlic, chilli, cherry tomatoes, preserved lemon & parsley ..... | 32    |
| <b>Seafood Basket</b> .....   | 35    |
| panko prawns, semolina crumbed calamari, beer-battered fish, chips, tartare sauce & fresh lemon                   |       |

**WESTERN AUSTRALIAN LOBSTER**  
**HALF LOBSTER 49**  
**WHOLE LOBSTER 99**  
served w garlic butter & fries

**HOT & COLD SEAFOOD PLATTER**  
**FOR 2 PEOPLE 119**  
Sydney rock oysters, tiger prawns, salmon  
tartare, sashimi scallops, salmon skewers,  
s & p calamari, panko prawns,  
fresh lemon & condiments

### SALADS

**HELM CAESAR SALAD 22**  
w cos, broccolini, crispy pancetta, parmesan,  
egg & croutons  
+ poached chicken (5), + crispy pancetta (5)

**THAI SALAD GF 24**  
choice of crispy pork belly or pan-fried salmon belly  
w baby cos, bean shoots, cashew, thai basil, chilli,  
coriander & nahm jim dressing

**GRILLED HALOUMI SALAD V,GF 24**  
w grilled zucchini, tomato, cucumber, spanish  
onion, spinach, rocket, mint, pinenuts & a  
vinaigrette dressing  
+ poached chicken (5), + crispy pancetta (5)

**SALMON POKE BOWL GF 26**  
w wakame, radish, kale, edamame beans,  
cucumber, jasmin rice, lotus root, chilli &  
a ginger & soy dressing

V = Vegetarian | VE = Vegan | GF = Gluten Free

Our menu contains allergens and is prepared in a kitchen that handles nuts, shellfish and gluten. Whilst all reasonable efforts are taken to accommodate guest dietary requirements, we cannot guarantee that our food will be allergen free.



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### BURGERS

#### CLASSIC BEEF BURGER & CHIPS 25

w cheese, lettuce, tomato, pickles, burger sauce  
+ extra beef patty (4) + extra cheese (1)  
+ pancetta (3) + GF bun (2)

#### BEYOND BURGER & CHIPS VE 25

plant-based patty w vegan cheese, lettuce, tomato, pickles & vegan mayo + GF bun (2)

#### SOUTHERN-FRIED CHICKEN BURGER & CHIPS 25

southern-fried chicken breast w cheese, lettuce, sambal mayo & jalapeños  
+ extra chicken piece (4) + extra cheese (1)  
+ pancetta (3) + GF bun (2)

#### WAGYU REUBEN & FRIES 27

mb9+ pastrami, sauerkraut, horseradish cream, wholegrain mustard & swiss cheese + GF bun (2)

### PIZZA

|   |    |
|---|----|
| <b>Garlic Pizza V</b> .....   | 16 |
| <b>Margherita V</b> buffalo mozzarella, cherry tomatoes & fresh basil .....                                   | 25 |
| <b>Diavola</b> spicy pepperoni, buffalo mozzarella, parmesan & chilli oil .....                               | 26 |
| <b>Prosciutto</b> prosciutto, parmesan, buffalo mozzarella & rocket .....                                     | 27 |
| <b>Ham &amp; Pineapple</b> ham, pineapple & buffalo mozzarella .....  | 25 |
| <b>Gamberone</b> marinated prawns, chilli oil, tomato, buffalo mozzarella & rocket .....                      | 27 |
| <b>Capricciosa</b> ham, mushroom, artichoke, garlic, olives & buffalo mozzarella .....                        | 25 |
| <b>Spicy Nduja</b> nduja spicy chorizo sausage paste, radicchio, tomato, buffalo mozzarella & olive oil ..... | 25 |
| <b>Duck</b> peking duck, mushrooms, buffalo mozzarella, shallots, hoisin, chilli & cucumber ribbons .....     | 27 |
| <b>Quattro Formaggi V</b> 4 cheeses, buffalo mozzarella, taleggio, gorgonzola & parmigiano .....              | 27 |

GF Base + (5) Vegan Cheese + (4)

### LITTLE SAILORS

#### SPAGHETTI NAPOLETANA V 14

#### CHEESE PIZZA V 14

+ ham (3)

#### CHICKEN TENDERLOINS & CHIPS 14

#### CHEESEBURGER SLIDERS & CHIPS 15

#### FISH & CHIPS 14

swap any kids chips for steamed vegetables + (2)

### SIDES

#### CHIPS W AIOLI V 10

#### SHOESTRING FRIES W AIOLI V 11

#### MESCLUN SALAD VE 9

w vinaigrette

#### CHARRED GREENS VE 12

chinese broccoli and broccolini

### DESSERT

#### BISCOFF STICKY DATE PUDDING V 15

w cream

#### DONUT FRIES V 14

w caramel biscoff & cream

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