



# MARINA MENU HELM BAR & THE COCKLE BAY YACHT CLUB



## HOW TO ORDER

To place your order, please scan the QR code.

Please note that you need to select your delivery time & berth number when ordering. Otherwise, your order will be made immediately and taken directly to the first berths.

To pre-order please email [functions@helmbar.com.au](mailto:functions@helmbar.com.au) or call (02) 9290 1571 during business hours.



## \$50 MINIMUM ORDER FOR FREE DELIVERY TO YOUR BERTH

### NON ALCOHOLIC

### SPIRITS & COCKTAILS

	6 PACK	CASE
Great Northern 0% .....	27	65
Lyres G & T Can .....	24	60
Lyres Amalfi Spritz Can .....	24	60

A variety of spirits & cocktail mixers are available. Please see full range on the QR code.

### BAGS OF ICE

We can deliver bags of ice for 7 each.

### BEERS

### SOFT DRINKS

	6 PACK	CASE
Corona .....	27	65
Carlton Dry .....	24	60
Great Northern Mid Super Crisp .....	27	65
4 Pines Pale Ale .....	35	75
Asahi .....	27	65
Bulmers Cider .....	30	70

Coca Cola Can 375ml .....	5
Coca Cola No Sugar Can 375ml .....	5
Sprite Can 375ml .....	5
Bottled Still Water 350ml .....	5
San Pellegrino 750ml .....	10

**MUST BE 18 YEARS OR OLDER.  
ID MUST BE SHOWN AT TIME OF DELIVERY.**

WE PRACTICE RESPONSIBLE SERVICE AND CONSUMPTION OF ALCOHOL AT ALL TIMES.



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### WINE LIST

#### SPARKLING



<b>Mortar &amp; Pestle Brut NV South East Australian</b> .....	53
<b>Farina Prosecco DOC Veneto, It</b> .....	62
<b>Chandon Brut NV Yarra Valley, Vic</b> .....	68
<b>Chandon Brut Rosé NV Yarra Valley, Vic</b> .....	68
<b>Moët &amp; Chandon Brut Imperial NV Épernay, Fr</b> .....	99
<b>Moët &amp; Chandon Brut Imperial NV Magnum Épernay, Fr</b> .....	210
<b>Veuve Clicquot Yellow Label Brut NV Reims, Fr</b> .....	140
<b>Veuve Clicquot Yellow Label Brut NV Magnum Reims, Fr</b> .....	280

#### WHITE

<b>Mortar &amp; Pestle Semillon Sauvignon Blanc South East Australian</b> .....	53
<b>Soho Sauvignon Blanc Marlborough, NZ</b> .....	61
<b>Pascal Jolivet Sancerre Sauvignon Blanc Loire Valley, Fr</b> .....	85
<b>Le Pezze Pinot Grigio Veneto, It</b> .....	58
<b>Emmalene Pinot Gris Adelaide Hills, Vic</b> .....	60
<b>Saddleback Pinot Gris Central Otago, NZ</b> .....	65
<b>Tarrawarra Estate Chardonnay Yarra Valley, Vic</b> .....	70
<b>Rocky Road McHenry Hohnen Chardonnay Margaret River, WA</b> .....	64
<b>Joseph Faiveley Bourgogne Chardonnay Burgundy, Fr</b> .....	80
<b>Corduroy Riesling Watervale, SA</b> .....	61

#### ROSÉ

<b>Minuty M Rosé Côtes de Provence, Fr</b> .....	70
<b>Été d' Elodie Rosé Provence, Fr</b> .....	61
<b>Whispering Angel Rosé Côtes de Provence, Fr</b> .....	80
<b>West Cape Howe Pink Moscato Mount Baker, WA</b> .....	53

#### RED

<b>Mortar &amp; Pestle Cabernet Merlot South East Australian</b> .....	53
<b>Wangolina Shiraz Cabernet Limestone Coast, SA</b> .....	58
<b>Tumbalong Hills Shiraz Gundagai, NSW</b> .....	63
<b>Torbreck 'Woodcutters' Shiraz Barossa Valley, SA</b> .....	70
<b>Senesi Aretini Chianti DOCG Chianti, It</b> .....	59
<b>Saddleback Pinot Noir Central Otago, NZ</b> .....	72
<b>Alkimi "Upper Yarra Valley" Pinot Noir Yarra Valley, Vic</b> .....	75
<b>Torbreck 'The Steading' Grenache Shiraz Mataro Barossa Valley, SA</b> .....	85
<b>Ox Hardy Grenache McLaren Vale, SA</b> .....	67
<b>Terrazas de los Andres Reserva Malbec Mendoza, Arg</b> .....	68
<b>Tumbalong Hills Cabernet Sauvignon Gundagai, NSW</b> .....	63
<b>Toto de Réaut AOC Merlot Côtes de Bordeaux, FR</b> .....	64

#### NON ALCOHOLIC WINES

<b>Thomson &amp; Scott Noughty Sparkling Chardonnay United Kingdom (organic, vegan)</b> .....	63
<b>1920 Pinot Grigio AUS (vegan)</b> .....	49
<b>Two Hoots Rosé South Africa (vegan)</b> .....	61
<b>Next Destination Shiraz Barossa Valley, AUS (vegan)</b> .....	61



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### TO SHARE

**HUMMUS V OR TARAMASALATA 22**  
w toasted sourdough, serves 4 - 6

**ANTIPASTO PLATTER V 52**  
serves 4 - 6  
stuffed peppers, marinated artichokes, pickles,  
marinated olives, daily cheese, hummus,  
pinot paste & crisp bread  
+prosciutto (14) +spicy salami (12) +bresaola (12)

**CHEESE PLATTER V 52**  
serves 4 - 6  
three gourmet pieces of cheese, pinot paste,  
fresh honeycomb, dried fruits & crackers

**PORK BELLY SLIDERS 54**  
6 per serve, twice cooked pork belly w nahm jim,  
cucumber & kimchi mayonnaise

**HELM BUFFALO WINGS 36**  
20 wings per serve  
served w ranch dressing  
salt & szechuan pepper OR smokey hot bbq  
OR franks hot sauce

**TRUFFLE & PARMESAN ARANCINI V 50**  
20 per serve w aioli

### FROM THE SEA

<b>Freshly Shucked Oysters GF</b> w fresh lemon & yuzu mignonette .....	30/48
<b>S &amp; P Calamari</b> w spicy roasted onion aioli & pickled chilli .....	21
<b>Lobster Springrolls</b> 4 per serve, w sriracha aioli & lime .....	25
<b>Bowl of Prawns</b> chilled australian tiger prawns in the shell w marie rose sauce & fresh lemon.....	30
<b>Beer-Battered Fish &amp; Chips</b> barramundi fillet, lemon & tartare .....	29
<b>Grilled Market Fish Fillet</b> w thai basil, cashew pesto, tomato & grilled corn salsa .....	36
<b>Prawn &amp; Crab Pasta</b> prawns, crab meat, garlic, chilli, cherry tomatoes, preserved lemon & parsley .....	32
<b>Seafood Basket</b> .....	36
panko prawns, semolina crumbed calamari, beer-battered fish, chips, tartare sauce & fresh lemon	

**WESTERN AUSTRALIAN LOBSTER**  
**HALF LOBSTER 59**  
**WHOLE LOBSTER 110**  
served w garlic butter & fries

**HOT & COLD SEAFOOD PLATTER**  
**FOR 2 PEOPLE 129**  
Sydney rock oysters, tiger prawns, salmon  
tartare, sashimi scallops, salmon skewers,  
s & p calamari, panko prawns,  
fresh lemon & condiments

### SALADS

**HELM CAESAR SALAD 22**  
w cos, broccolini, crispy pancetta, parmesan,  
egg & croutons  
+ poached chicken (5) + falafel V (3)

**THAI SALAD GF 24**  
choice of crispy pork belly or pan-fried salmon belly  
w baby cos, bean shoots, cashew, thai basil, chilli,  
coriander & nahm jim dressing

**GRILLED HALOUMI SALAD V,GF 24**  
w grilled zucchini, tomato, cucumber, spanish  
onion, spinach, rocket, mint, pinenuts & a  
vinaigrette dressing + falafel V (3)  
+ poached chicken (5), + crispy pancetta (5)

**SALMON POKE BOWL GF 26**  
w wakame, radish, kale, edamame beans,  
cucumber, jasmin rice, lotus root, chilli &  
a ginger & soy dressing

V = Vegetarian | VE = Vegan | GF = Gluten Free

Our menu contains allergens and is prepared in a kitchen that handles nuts, shellfish and gluten. Whilst all reasonable efforts are taken to accommodate guest dietary requirements, we cannot guarantee that our food will be allergen free.



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### BURGER

#### CLASSIC BEEF BURGER & CHIPS 26

w cheese, lettuce, tomato, pickles, burger sauce  
+ extra beef patty (4) + extra cheese (1)  
+ pancetta (3) + GF bun (2)

#### BEYOND BURGER & CHIPS VE 26

plant-based patty w vegan cheese, lettuce, tomato, pickles & vegan mayo + GF bun (2)

#### SOUTHERN-FRIED CHICKEN BURGER & CHIPS 26

southern-fried chicken breast w cheese, lettuce, sambal mayo & jalapeños  
+ extra chicken piece (4) + extra cheese (1)  
+ pancetta (3) + GF bun (2)

#### WAGYU REUBEN & FRIES 27

mb9+ pastrami, sauerkraut, horseradish cream, wholegrain mustard & swiss cheese + GF bun (2)

### PIZZA

<b>Garlic Pizza V</b> .....	16
<b>Margherita V</b> buffalo mozzarella, cherry tomatoes & fresh basil .....	25
<b>Diavola</b> spicy pepperoni, buffalo mozzarella, parmesan & chilli oil .....	27
<b>Prosciutto</b> prosciutto, parmesan, buffalo mozzarella & rocket .....	27
<b>Ham &amp; Pineapple</b> ham, pineapple & buffalo mozzarella .....	25
<b>Gamberone</b> marinated prawns, chilli oil, tomato, buffalo mozzarella & rocket .....	27
<b>Capricciosa</b> ham, mushroom, artichoke, garlic, olives & buffalo mozzarella .....	26
<b>Spicy Nduja</b> spicy chorizo sausage paste, radicchio, tomato, buffalo mozzarella & olive oil .....	26
<b>Duck</b> peking duck, mushrooms, buffalo mozzarella, shallots, hoisin, chilli & cucumber ribbons .....	27
<b>Quattro Formaggi V</b> 4 cheeses, buffalo mozzarella, taleggio, gorgonzola & parmigiano .....	27

**GF Base + (5) Vegan Cheese + (4)**

### LITTLE SAILORS

#### SPAGHETTI NAPOLETANA V 14

#### CHEESE PIZZA V 14

+ ham (3)

#### CHICKEN TENDERLOINS & CHIPS 14

#### CHEESEBURGER SLIDERS & CHIPS 15

#### FISH & CHIPS 14

swap any kids chips for steamed vegetables + (2)

### SIDES

#### CHIPS W AIOLI V 10

#### SHOESTRING FRIES W AIOLI V 11

#### MESCLUN SALAD VE 9

w vinaigrette

#### CHARRED GREENS VE 12

chinese broccoli and broccolini

### DESSERT

#### BISCOFF STICKY DATE PUDDING V 15

w cream

#### DONUT FRIES V 14

w caramel biscoff & cream

#### CHOCOLATE TART V 14

w crème fraîche

scoop vanilla ice cream (+ 3)

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