

HELM

Cockle Bay

SHARED SET MENU

FIRST COURSE

FLATBREAD

GARLIC, OREGANO, LEMON (NF, DF, V, VE)

BURRATA

SMOKEY EGGPLANT, GARLIC, RED ONION, PARSLEY (NF, GF, V)

TARAMASALATA

LEMON OIL (DF, NF)

SECOND COURSE

FREE RANGE CHICKEN

CINNAMON, PAPRIKA, LEMON (NF, GF, DF)

12-HOUR BRAISED LAMB SHOULDER

WHITEBEANS, PARSLEY SAUCE (NF, DF, GF)

SIDES

GREEK SALAD

FETA, TOMATO, OLIVES, CUCUMBER (NF, GF, V, DFR, VER)

WARM POTATO SALAD

SOFT HERBS, LEMON, ESCHALOT'S (NF, GF, V, VE, DF)