



⚓ \$10 happy hour cocktails

COCKTAILS

⚓ **MARGARITA (17)**
Espolon Tequila, lemon, lime & a dash of orange, salt rim

⚓ **COSMO (17)**
Ketel One Vodka, lime, cranberry & a dash of orange

⚓ **SICILIAN GIN FIZZ (16)**
Gordon's Sicilian Gin, lemon, lime, aquafaba & soda

AMARETTO SOUR (17)
Disaronno Amaretto, lemon, lime, aquafaba & bitters

WHISKY SOUR (18)
Ardberg 5Y0 Single Malt Scotch or Bulleit Bourbon, lemon, lime, aquafaba & bitters

BLOODY MARY (16)
Ketel One Vodka, spicy bloody mary mix

COCONUT MARGARITA (19)
1800 Coconut Tequila, lemon, lime & a dash of orange, shaved coconut.

LYCHEE ROSE MARTINI (18)
Tanqueray Gin, Lychee Liqueur, rose syrup & lemon juice

ESPRESSO MARTINI (19)
Fresh Espresso, Tia Maria & Ketel One Vodka

⚓ **RIOT ROSÉ SPRITZ (15)**
Spritz'd Rosé with natural botanicals

APEROL SPRITZ (17)
Aperol, sparkling wine, soda & orange

GORDON'S PINK SPRITZ (17)
Gordon's Pink Gin, sparkling wine, lemonade & fresh strawberries

SMIRNOFF PASSIONFRUIT & LIME SPRITZ (16)
Smirnoff infused Vodka, passionfruit, fresh lime & soda

SMIRNOFF CUCUMBER, LIME & MINT SPRITZ (16)
Smirnoff infused Vodka, cucumber, fresh lime, mint & soda

FROZEN DAIQUIRI STRAWBERRY OR MANGO (20)
Pampero Blanco White Rum, puree, lemon, sugar, ice

ON TAP

BALTER XPA

4 PINES PACIFIC ALE

GREAT NORTHERN SUPER CRISP 3.5%

PURE BLONDE

PERONI

CARLTON DRAUGHT

COOPERS PALE ALE

BROOKVALE GINGER BEER

RIOT ROSE

RIOT ROSE SPRITZ

NON-ALCOHOLIC

TAP WATER (FREE)

SAN PELLEGRINO 750MLS (9)

MINERAL WATER 330MLS (4.50)

STILL WATER BOTTLE 350MLS (4)

CARLTON ZERO (6)
Zero Alcohol Beer, slightly hoppy w a fruity aroma, full flavoured classic beer style

PERONI LIBERIA (8)
Zero Alcohol Beer, pale golden, crisp beer with citrusy hoppy & fruity notes, with a crisp and refreshing finish.

VIRGIN BLOODY MARY (9)
Spicy Bloody Mary Mix, celery, olives

CUCUMBER MOJITO (10)
Fresh lime, cucumber & mint, sugar syrup & soda

LAVENDER LEMONADE (10)
Lavender syrup, fresh lemon & lemonade

Please order at the bar or via the beacon on your table for contactless service

10% surcharge on public holidays | 1.5% surcharge on all credit cards
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OYSTERS & SPARKLING

OYSTERS

freshly shucked
natural or kilpatrick

\$3.00 ea | \$18 1/2 doz | \$36 doz
w fresh lemon & shallot vinaigrette

⚓ \$2 ea during Happy Hour 5pm - 7pm

CHILLED PRAWNS (30)

Bowl of fresh, unpeeled prawns
w marie rose sauce

VEUVE CLICQUOT NV
\$140 (BTL)

VEUVE CLICQUOT NV MAGNUM
\$280 (BTL)

MOET & CHANDON NV

\$99 (BTL)

CHANDON BRUT
Yarra Valley, Vic

\$12 | \$52 (GLS/BTL)



LIGHTER

HELM MARINATED OLIVES VE,GF (9)

CHEESE PLATE V (25)

daily selection of 3 cheeses w crackers & seasonal fruit

HUMMUS VE (12)

w dukkah & toasted sourdough
GF bread available (5)

SALT & PEPPER CALAMARI (16)

w fresh lemon & aioli

HELM BUFFALO WINGS (16)

w choice of blue cheese, ranch or spicy buffalo sauce

ARANCINI V (16)

w basil pesto

SEAFOOD CHOWDER (18)

new england style w toasted sourdough

MUSSELS ITALIANO (25)

w a rich tomato & basil sauce, chilli & toasted sourdough

PASTA

SPAGHETTI AMATRICIANA (24)

garlic, chilli, tomato, smoked speck & parmesan

BLUE SWIMMER CRAB LINGUINE (27)

garlic, chilli, tomato & pangrattato crumb w lemon

PESTO GNOCCHI V (28)

basil pesto, parmesan & EVOO
add chicken (5)

SALADS

CLASSIC CAESAR SALAD (19)

w cos, bacon, anchovies, parmesan, egg & croutons
add chicken (5)

CAPRESE SALAD V,GF (22)

w mixed tomatoes, buffalo mozzarella,
basil pesto & EVOO

SUPER SALAD V,GF (18)

w kale, carrot, sunflower seeds, sweet potato,
tomato, spanish onion, chickpeas, feta
& a vinaigrette dressing

GRILLED HALOUMI SALAD V,GF (23)

w grilled zucchini, tomato, cucumber, spanish onion,
spinach, rocket, mint, pinenuts & a vinaigrette dressing

add avocado (4), bulgarian feta (4), chicken (5),
haloumi (5)

BURGERS

CLASSIC BEEF BURGER & CHIPS (22)

w cheese, lettuce, tomato, pickles & 'Helm' special sauce

GRILLED CHICKEN BURGER & CHIPS (21)

w cheese, lettuce, tomato & peri peri mayo

add extra beef patty (4) extra chicken (4), bacon (2), extra
cheese (1), haloumi (5) avocado (4)

HALOUMI BURGER & CHIPS (18)

w grilled haloumi & zucchini, tomato, rocket
& mint yoghurt sauce

Naked Burgers available

Please order at the bar or via the beacon on your table for contactless service

V = Vegetarian | VE = Vegan | GF = Gluten Free

We are unable to guarantee our dishes are free from traces of gluten, nuts, oils or shellfish

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CLASSICS

BEER BATTERED FISH & CHIPS (24)

barramundi fillet, lemon & tartare

SEAFOOD BASKET (32)

panko prawns, salt & pepper calamari, beer battered fish, chips, tartare sauce & fresh lemon

GRILLED BARRAMUNDI FILLET (28)

w mesclun salad, parmesan, chips & lemon

CHICKEN SCHNITZEL (24)

w mesclun salad, parmesan, chips & jus
add parmigiana (4)

270GM SCOTCH FILLET STEAK GF (30)

south coast pasture raised beef
w mesclun salad, parmesan & choice of sauce
add chips (6)

sauses GF: pepper, mushroom, red wine jus or
garlic butter

SIDES

CHIPS W AIOLI V (8)

TOASTED SOURDOUGH VE (6)

ROCKET & PARMESAN SALAD GF, V (10)

DESSERT

AFFOGATO (10)

w vanilla ice cream & a shot of hot espresso

w your choice of Baileys, Amaretto, Frangelico or
Kahlua (18+ only) (add 7)

WARM TRIPLE CHOCOLATE BROWNIE (14)

w vanilla ice cream, chocolate sauce & fresh strawberries

ICE CREAM SANDWICH (7)

vanilla lace, double chocolate, strawberry choc-chip

PIZZA

GARLIC PIZZA V (12)

DUCK (27)

peking duck, oyster mushrooms, buffalo
mozzarella, shallots, hoisin sauce and Helm chilli
oil, served with cucumber ribbon

MARGHERITA V (23)

buffalo mozzarella, cherry tomatoes & fresh basil

DIAVOLA (25)

spicy pepperoni, buffalo mozzarella, parmesan
& chilli oil

PROSCIUTTO (25)

prosciutto, parmesan, buffalo mozzarella & rocket

GAMBERONE (27)

marinated prawns, chilli oil, tomato,
buffalo mozzarella & rocket

CAPRICCIOSA (24)

ham, mushroom, artichoke, garlic, olives & buffalo
mozzarella

GLUTEN FREE BASES AVAILABLE (ADD 5)

LITTLE SAILORS (12)

(12yrs and under)

CHEESE PIZZA V

CHICKEN TENDERLOINS & CHIPS

FISH & CHIPS

VANILLA ICE CREAM SCOOP (3)

w chocolate sauce & sprinkles (per scoop)

HOST YOUR NEXT EVENT WITH US!

We have capacity for groups of 10 or 108 people for corporate events.

Bookings: functions@helmbar.com.au or (02) 9290 1571

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SPARKLING

	GLS	BTL
MORTAR & PESTLE BRUT NV South East Australia	9	43
CHANDON BRUT NV Yarra Valley, Vic	12	52
CHANDON BRUT ROSÉ NV Yarra Valley, Vic		52
MOËT & CHANDON NV Épernay, Fr		99
VEUVE CLICQUOT NV Reims, Fr		140
VEUVE CLICQUOT NV MAGNUM Reims, Fr		280

WHITE

	REG	LRG	BTL
MORTAR & PESTLE SEMILLON SAUVIGNON BLANC South East Australia	9	15	43
SOHO SAUVIGNON BLANC Marlborough, NZ	10	17	49
CORTE GIARA PINOT GRIGIO DOC Veneto, It	11	18.5	53
PALA I FIORI VERMENTINO Sardinia, It	10.5	18	51
CAPE MENTELLE BROOKS CHARDONNAY Margaret River, WA	12.5	21	61
TARRA WARRA ESTATE CHARDONNAY Yarra Valley, Vic			70
NASHDALE RIESLING Orange, NSW			63

RED

	REG	LRG	BTL
MORTAR & PESTLE CABERNET MERLOT South East Australia	9	15	43
CAPE MENTELLE TRINDERS SHIRAZ CABERNET Margaret River, WA	12.5	21	61
BLUE PYRENEES RICHARDSON SHIRAZ Pyrenees, Vic	11	18.5	53
SENESI ARETINI CHIANTI DOCG Chianti, It	12	20	58
SADDLEBACK PINOT NOIR Central Otago, NZ	13.5	22	63
BARRINGWOOD ESTATE PINOT NOIR Devonport, Tas			75
LANGMEIL DELLA MINA SANGIOVESE BARBERA Barossa Valley, SA			64
TERRAZAS DE LOS ANDES MALBEC Mendoza, Arg			65
COATES LANGHORNE CREEK CABERNET SAUVIGNON Langhorne Creek, SA			75

PINK WINES

	REG	LRG	BTL
JIM BARRY ANNABELLE'S ROSÉ Clare Valley, SA			53
RIOT WINE CO. ROSÉ South Australia (Tap)	10	17	49
ÉTÈ D' ELODIE ROSÉ Provence, Fr	12	20	58
WEST CAPE HOWE PINK MOSCATO Mount Baker, WA			46

HAPPY HOURS

5pm – 7pm Daily

- \$10 Cocktails
- \$6 Schooners
- \$6 House Wine
- \$6 House Spirits

*conditions apply



REG = 150mls | LRG = 250MLS
measures are approximate

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