



⚓ \$10 happy hour cocktails

COCKTAILS

- ⚓ **MARGARITA (19)**
Espolon Reposado Tequila, lemon, lime & orange essence, salt rim
- ⚓ **TOMMY'S MARGARITA (19)**
Espolon Reposado Tequila, lemon, lime & orange essence, served on the rocks
- ⚓ **COSMO (19)**
Ketel One Vodka, lime, cranberry & a dash of orange
- ⚓ **SICILIAN GIN FIZZ (19)**
Gordon's Sicilian Gin, lemon, lime, aquafaba & soda
- AMARETTO SOUR (19)**
Disaronno Amaretto, lemon, lime, aquafaba & bitters
- WHISKY SOUR (20)**
Ardbeg 5YO Single Malt Scotch or Bulleit Bourbon, lemon, lime, aquafaba & bitters
- BLOODY MARY (18)**
Ketel One Vodka, spicy bloody mary mix, chilli & salt rim
- COCONUT MARGARITA (19)**
1800 Coconut Tequila, lemon, lime & a dash of orange, shaved coconut.
- LYCHEE ROSE MARTINI (19)**
Tanqueray Gin, Lychee Liqueur, rose syrup & lemon juice
- ESPRESSO MARTINI (19)**
Fresh Espresso, Kaluha & Ketel One Vodka
- ⚓ **RIOT ROSÉ SPRITZ (15)**
Spritz'd Rosé with natural botanicals & orange
- APEROL SPRITZ (17)**
Aperol, sparkling wine, soda & orange
- GORDON'S PINK SPRITZ (18)**
Gordon's Pink Gin, sparkling wine, lemonade & fresh strawberries
- SMIRNOFF PASSIONFRUIT & LIME SPRITZ (17)**
Smirnoff infused Vodka, passionfruit, fresh lime & soda
- SMIRNOFF CUCUMBER, LIME & MINT SPRITZ (17)**
Smirnoff infused Vodka, cucumber, fresh lime, mint & soda
- FROZEN DAIQUIRI STRAWBERRY OR MANGO (20)**
Pampero Blanco White Rum, puree, lemon, sugar, ice

ON TAP

- BALTER XPA**
- 4 PINES PACIFIC ALE**
- GREAT NORTHERN SUPER CRISP 3.5%**
- PURE BLONDE**
- PERONI**
- CARLTON DRAUGHT**
- COOPERS PALE ALE**
- BROOKVALE GINGER BEER**
- RIOT ROSE**
- RIOT ROSE SPRITZ**

NON-ALCOHOLIC

- TAP WATER (FREE)**
- SAN PELLEGRINO 750MLS (9)**
- MINERAL WATER 330MLS (4.50)**
- STILL WATER BOTTLE 350MLS (4)**
- CARLTON ZERO (7)**
Zero Alcohol Beer, slightly hoppy w a fruity aroma, full flavoured classic beer style
- PERONI LIBERIA (8)**
Zero Alcohol Beer, pale golden, crisp beer with citrusy hoppy & fruity notes, with a crisp and refreshing finish.
- VIRGIN BLOODY MARY (12)**
Spicy Bloody Mary Mix, celery, olives
- CUCUMBER MOJITO (12)**
Fresh lime, cucumber & mint, sugar syrup & soda
- LAVENDER LEMONADE (12)**
Lavender syrup, fresh lemon & lemonade

Please order at the bar or via the beacon on your table for contactless service

10% surcharge on public holidays | 1.5% surcharge on all credit cards
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WEEKLY FOOD DEALS

WING IT WEDNESDAY

20 cent wings from 5pm
w purchase of a beverage,
choice of 5 different flavours

THURSDAY BURGER DAY

any burger with fries \$10
lunch & dinner

FRIDAY PIZZAS

any Pizza \$12
12pm - late

*conditions apply for all deals,
order through the beacons

HELM TAMO TACO'S

\$5 EACH

available Friday - Sunday

- Beef Brisket
- Lamb Barbacoa
- Eggplant

each served on corn tortilla,
pickled red onion, salsa roja,
tomatillo salsa & coriander

LIGHTER

HELM MARINATED OLIVES VE,GF (9)

OYSTERS

freshly shucked
natural or kilpatrick

\$3.50 ea | \$18 1/2 doz | \$36 doz
w fresh lemon & shallot vinaigrette

CHEESE PLATE V (25)

daily selection of 3 cheeses w muscatels, crackers &
fruit paste
add prosciutto (7) add Hummus (6)

HUMMUS VE (12)

w dukkah, lemon oil & toasted sourdough
GF bread available (5)

SEMOLINA CRUMBED CALAMARI (18)

w spicy roasted onion aioli & pickled chilli

HELM BUFFALO WINGS (16)

choice of 5 different flavours -
salt szechuan & pepper or smokey hot bbq or
franks hot sauce or Jack Daniels or Satay or Mango &
Habanero
w ranch dressing

TRUFFLE & PARMESAN ARANCINI V (16)

w aioli

MUSSELS ITALIANO (25)

w a rich tomato & basil sauce, chilli & toasted sourdough

PASTA

SPAGHETTI AMATRICIANA (24)

garlic, chilli, tomato, smoked speck & parmesan

BLUE SWIMMER CRAB LINGUINE (27)

garlic, chilli, tomato & pangrattato crumb w lemon

PESTO GNOCCHI V (28)

basil pesto, parmesan & EV00
add chicken (5)

SALADS

CLASSIC CAESAR SALAD (19)

w cos, bacon, parmesan, egg & croutons
add chicken (5)

SUPER SALAD V,GF (18)

w kale, carrot, sunflower seeds, sweet potato,
tomato, spanish onion, chickpeas, feta
& a vinaigrette dressing

GRILLED HALOUMI SALAD V,GF (23)

w grilled zucchini, tomato, cucumber, spanish onion,
spinach, rocket, mint, pinenuts & a vinaigrette dressing

add chicken (5), haloumi (5)

BURGERS

CLASSIC BEEF BURGER & CHIPS (22)

w cheese, lettuce, tomato, pickles & Helm special sauce

SOUTHERN FRIED CHICKEN BURGER & CHIPS (21)

w cheese, asian slaw & sambal mayo

BANH MI SMOKED MOZZARELLA BURGER & CHIPS (21)

crumbed smoked Mozzarella w/ sriracha aioli and pickled
carrots

add extra beef patty (4) extra chicken (4), bacon (2), extra
cheese (1), crumbed smoked mozzarella (5)

Naked Burgers available

V = Vegetarian | VE = Vegan | GF = Gluten Free

We are unable to guarantee our dishes are free from traces of gluten, nuts, oils or shellfish

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Each meal is sent to your table once its prepared, this may result in you receiving meals at different times.



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CLASSICS

BEER BATTERED FISH & CHIPS (24)
barramundi fillet, lemon & tartare

SEAFOOD BASKET (32)
panko prawns, semolina crumbed calamari, beer battered fish, chips, tartare sauce & fresh lemon

GRILLED OCEAN TROUT (28)
w rocket pesto*, confit kipfler potatoes & sweet potato crisps (*contains almonds)

CHICKEN SCHNITZEL (24)
w chips, Italian slaw* & jus (*contains walnuts)
add parmigiana (4)

220GM WAGYU SIRLOIN STEAK MB4+ (35)
w charred greens and fried enoki, veal jus & choice of sauce
add chips (6)

sauces GF: pepper, mushroom, red wine jus or garlic butter

SIDES

CHIPS W AIOLI (8)

ITALIAN WHITE SLAW (10)
w walnuts, white cabbage, green apple, parmesan & citrus dressing

CHARRED GREENS (9)
chinese broccoli and broccolini w soy sauce

DESSERT

AFFOGATO (10)
w vanilla ice cream & a shot of hot espresso
w your choice of Baileys, Amaretto, Frangelico or Kahlua (18+ only) (add 7)

WARM TRIPLE CHOCOLATE BROWNIE (14)
w vanilla ice cream, chocolate sauce & fresh strawberries

DOUGHNUT FRIES (9)
w nutella
scoop vanilla ice cream (add 3)

PIZZA

GARLIC PIZZA V (12)

DUCK (27)
peking duck, mushrooms, buffalo mozzarella, shallots, hoisin sauce and chilli oil, served with cucumber ribbon

MARGHERITA V (23)
buffalo mozzarella, cherry tomatoes & fresh basil

DIAVOLA (25)
spicy pepperoni, buffalo mozzarella, parmesan & chilli oil

PROSCIUTTO (25)
prosciutto, parmesan, buffalo mozzarella & rocket

GAMBERONE (27)
marinated prawns, chilli oil, tomato, buffalo mozzarella & rocket

CAPRICCIOSA (25)
ham, mushroom, artichoke, garlic, olives & buffalo mozzarella

HAM & PINEAPPLE (24)
ham, pineapple & buffalo mozzarella

GLUTEN FREE BASES AVAILABLE (ADD 5)

LITTLE SAILORS (12)

CHEESE PIZZA V

CHICKEN TENDERLOINS & CHIPS

FISH & CHIPS

VANILLA ICE CREAM SCOOP (3)
w chocolate sauce & sprinkles (per scoop)

HOST YOUR NEXT EVENT WITH US!

We have capacity for groups of 10 or 400 people for corporate events.
Bookings: functions@helmbar.com.au or (02) 9290 1571

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SPARKLING

	GLS	BTL
MORTAR & PESTLE BRUT NV South East Australia	9	43
FARINA PROSECCO DOC Veneto, It		58
CHANDON BRUT NV Yarra Valley, Vic	12	52
CHANDON BRUT ROSÉ NV Yarra Valley, Vic		52
MOËT & CHANDON NV Épernay, Fr		99
VEUVE CLICQUOT NV Reims, Fr	24	140
VEUVE CLICQUOT NV MAGNUM Reims, Fr		280

WHITE

	REG	LRG	BTL
MORTAR & PESTLE SEMILLON SAUVIGNON BLANC South East Australia	9	15	43
SOHO SAUVIGNON BLANC Marlborough, NZ	10	17	49
CLOUDY BAY SAUVIGNON BLANC Marlborough, NZ			70
FARINA PINOT GRIGIO Veneto, It	11	18.5	53
CAPE MENTELLE BROOKS CHARDONNAY Margaret River, WA	12.5	21	61
TARRA WARRA ESTATE CHARDONNAY Yarra Valley, Vic			70
NASHDALE RIESLING Orange, NSW	12.5	21	61

RED

	REG	LRG	BTL
MORTAR & PESTLE CABERNET MERLOT South East Australia	9	15	43
CAPE MENTELLE TRINDERS SHIRAZ CABERNET Margaret River, WA	12.5	21	61
TUMBALONG HILLS SHIRAZ Gundagai, NSW	11	18.5	53
TORBRECK 'WOODCUTTERS' SHIRAZ Barossa Valley, SA	15	24	70
SENESI ARETINI CHIANTI DOCG Chianti, It	12	20	58
SADDLEBACK PINOT NOIR Central Otago, NZ	13.5	22	63
BARRINGWOOD ESTATE PINOT NOIR Devonport, Tas			75
TORBRECK 'THE STEADING' GSM Barossa Valley, SA			85
LANGMEIL DELLA MINA SANGIOVESE BARBERA Barossa Valley, SA			64
TERRAZAS DE LOS ANDES MALBEC Mendoza, Arg	12	20	65
COATES LANGHORNE CREEK CABERNET SAUVIGNON Langhorne Creek, SA			75
TUMBALONG HILLS CABERNET SAUVIGNON Gundagai, NSW			55

PINK WINES

	REG	LRG	BTL
RIOT WINE CO. ROSÉ South Australia (Tap)	10	17	49
ÉTÈ D' ELODIE ROSÉ Provence, Fr	12	20	58
WEST CAPE HOWE PINK MOSCATO Mount Baker, WA			46

REG = 150mls | LRG = 250MLS
measures are approximate

HAPPY HOURS
5pm – 7pm Daily

- \$10 Cocktails
- \$6 Schooners
- \$6 House Wine
- \$6 House Spirits

*conditions apply



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